

Available for Auction at the February 6th, 2010



NATURALLY FIT
AVENIDA VILLAGE, CALGARY

Wise Awards



NATURALLY FIT
AVENIDA VILLAGE, CALGARY

6-Week Personal Training Package

The Winning Bidder Will Receive:

- ***Consultation***
- ***Personalized Nutrition Plan***
- ***Detailed Exercise Program***
- ***Three - 1 1/2 hour Trainer Sessions a week.***
- ***Pro-Form 7.0 Cross Trainer Treadmill***
- ***Free Spirit 100u Exercise Bike***
- ***Whole Sale Prices on Supplements***



A Value of Over \$7500.00



Free Spirit 100u Exercise Bike

Smooth, quiet magnetic resistance LCD monitor displays time, speed, distance and calories burned .



Pro-Form 7.0 Cross Trainer Treadmill

The Pro-Form 7.0 Cross Trainer treadmill has Grafixx™ Display for information such as your calories burned, distance, time, heart rate, calories burned and so on. It has an animated man who walks, jogs, and runs your workout with you (You'll never workout alone again!), and it's got the iFIT® Challenge Training Center which records calendar month and statistical info, and offers nutrition and exercise plans based on your individual needs.

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